

# Using numbers everyday

**You will need:** Yourself and your child – doing everyday things together

Using numbers everyday helps children to:

- ✨ learn about numbers and counting
- ✨ think about when and why we use numbers
- ✨ notice numbers around them
- ✨ begin to understand that numbers are meaningful.

## What to do:

1. Ask your child about numbers while doing your everyday activities, and encourage number talk.

For example:

- When going shopping, ask your child how many:
  - bananas in the bunch?
  - bags in the trolley?
- When cooking and eating, encourage your child to count how many:
  - oranges in the fruit bowl?
  - cakes have we made?
  - plates, knives and forks?



What games do you and your little one like playing together?  
Share your ideas: [www.facebook.com/peeplecentre](https://www.facebook.com/peeplecentre)