

Making a soft bed for a toy (indoors or outdoors) helps young children to:

- ✧ look for and find suitable materials outdoors
- ✧ enjoy making something for a toy
- ✧ think about what kind of a bed a toy would like
- ✧ enjoy looking for, gathering, carrying, covering and creating things.

You will need: a favourite toy (if playing outside choose one you don't mind getting a bit dirty)

a box (e.g. shoebox)

fabric (if indoors) or soft things collected on a trip outside for outdoor beds.

What to do:

1. Find a box and a favourite toy.
2. For indoor beds:
 - Let your child choose some fabric to make a blanket and pillow.
 - Put the toy to bed and cover them.
3. For outdoor beds:
 - Together collect lots of naturally soft things, like feathers and leaves.
 - Fill a box to make a soft bed and put the toy to bed.
4. You could use this activity to act out some of your child's bedtime routines and talk about their feelings.



What games do you and your little one like playing together?
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